No-sew cloth masks

To help protect our communities from COVID-19, the CDC has suggested the most vulnerable populations should wear handmade cloth masks in public.
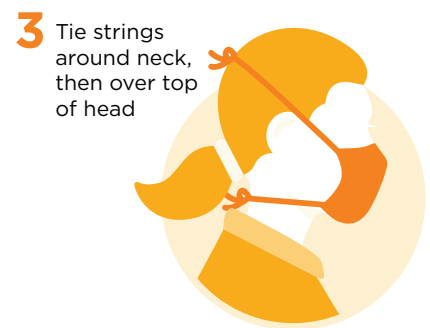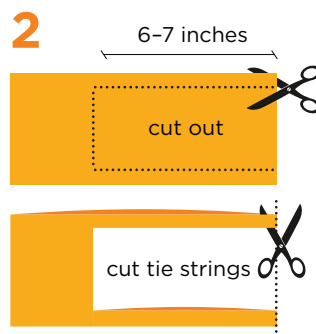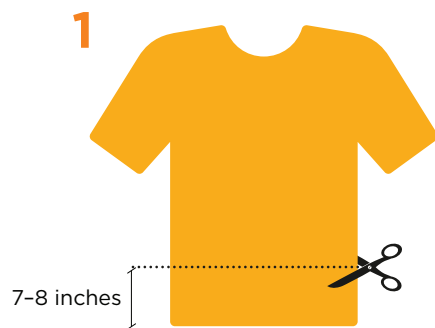
Included are two methods for no-sew cloth masks you can make with household items.

1 **Quick-cut T-shirt face covering**

Materials:
- T-shirt
- Scissors

Instructions:

1

7–8 inches

2

6–7 inches

cut out

cut tie strings

3 Tie strings around neck, then over top of head

2 **Bandana face covering**

Materials:

- Bandana (or square cotton cloth approximately 20"x20")
- Rubber bands (or hair ties)
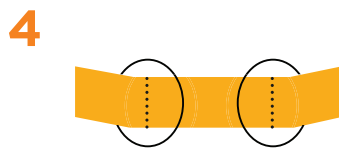- Scissors (if you are cutting your own cloth)

Instructions:

1

Fold bandana in half.

2

Fold top down.
Fold bottom up.

3

Place rubber bands or hair ties about six inches apart.

4

Fold sides to the middle and tuck.

5

6