



2023

ANNUAL REPORT | JULY 2022-JUNE 2023





Chris Jett

A note from Chris Jett

CEO, Niswonger Children's Network

As we reflect on the past year, I am filled with gratitude and pride for the incredible journey we have undertaken together at Niswonger Children's Hospital. It is both an honor and a privilege to serve as your CEO, and I am inspired daily by the steadfast commitment and passion displayed by every person on our team.

We achieved remarkable milestones over the past 12 months, including recognition as the first organization in Tennessee to earn The Joint Commission's Gold Seal for Advanced Perinatal Care Certification. We witnessed Hunter Pendleton ring the triumphant 'no more chemo' bell and then go on to represent fellow patients during the Children's Miracle Network Play Yellow Golf Tournament. Hunter's story showcases the exceptional care and compassion embedded in the fabric of our hospital. Together, we have touched the lives of countless children and their families, providing them with the support and medical care they need during challenging times.

Our commitment to excellence in pediatric care has been reaffirmed through accolades and testimonials from the families we serve. It is humbling to witness the positive impact we have on the lives of those who entrust us with the well-being of their precious children. Our success is a testament to the dedication and hard work of each member of the Niswonger Children's Network—our team helps create an environment of hope and healing at

our facility.

Looking ahead, I am excited about the future of Niswonger Children's Hospital and the Niswonger Children's Network. We have ambitious plans and innovative initiatives in the pipeline that will further enhance our capabilities and elevate the level of care we provide. Last year, we met the fundraising goal for our Hope Rising Campaign, making it possible for us to pursue a two-story expansion of Niswonger Children's Hospital to include more pediatric subspecialties and an upgraded, state-of-the-art neonatal intensive care unit to better serve our region's families. These developments signify our ongoing work to ensure every child in the Appalachian Highlands has access to the care they need, close to home.

As we continue this journey together, I extend my deepest gratitude to each and every member of our Niswonger Children's Network family. Through your passion and dedication, Niswonger Children's Hospital continues to be a beacon of hope and healing in our community. Together, we will continue to create a legacy of excellence in pediatric care, making a lasting impact on the lives of those who need it most.

Thank you for your tireless efforts, and I look forward to another year of shared successes and meaningful achievements.

A handwritten signature in black ink, appearing to read 'C. Jett'. The signature is fluid and cursive, with a large initial 'C' and a stylized 'J'.

Chris Jett

CEO, Niswonger Children's Network

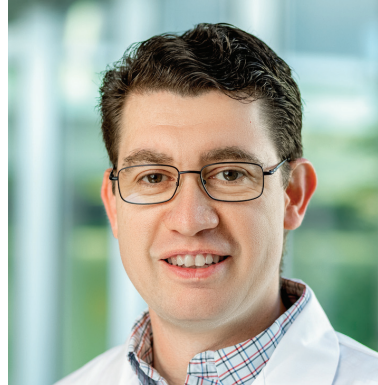
Niswonger Children’s Hospital Welcomes



Zachary Gamble, DO
Child and Adolescent Psychiatry

Dr. Zachary Gamble believes in treating the whole person, not just their illness. He says listening to patients is critical to his ability to diagnose and treat them effectively because patients feeling understood leads to better outcomes.

Education: Edward Via Virginia College of Osteopathic Medicine



Chester Ogborn, MD
Pediatric Pulmonology

Growing up, Dr. Chester Ogborn was taught by his father to help others and be generous with his time. When choosing a career, he wanted to carry that lesson forward. Dr. Ogborn was drawn to pulmonology, opting to specialize in pediatrics so he could develop long-term relationships with young patients and their families.

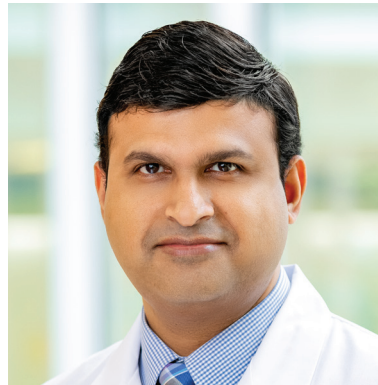
Education: University of Nebraska Medical Center



Ashley Blaske, MD
Pediatric Rheumatology

Dr. Ashley Blaske became fascinated with medicine when her brother was diagnosed with systemic juvenile idiopathic arthritis. She went on to become the first and only fellowship-trained and board-certified pediatric and adult rheumatologist in Tennessee.

Education: University of Louisville, Louisville, Kentucky



Gopinathan Nambiar, MD
Pediatric Gastroenterology

Dr. Gopinathan Nambiar decided early on that he would go into medicine. He found an interest in helping patients find solutions to complex problems. One thing Dr. Nambiar says he enjoys most about being a provider is “taking good care of my patients.”

Education: People Friendship University of Russia, Moscow, Russia

Niswonger Children's Hospital welcomes



Susan Schreiber, DNP

Pediatric Neurology

Susan Schreiber, DNP, has always called the Appalachian Highlands her home and is passionate about providing exceptional care to local children. Her experiences with her patients and their families inspire her to support their healthy growth and development.

Education: University of Tennessee, Knoxville



April Steele, FNP

Ballad Health Medical Associates Pediatrics
in Gray, Tennessee

April Steele, FNP, wanted to pursue a career in medicine after seeing how clinical teams cared for her daughter, who was diagnosed with Type 1 diabetes at the age of 4. Raised in the Appalachian Highlands, Steele is happy to care for the patients of her community.

Education: Carson Newman University



Jane Kestner, NP

Ballad Health Medical Associates Pediatrics
in Big Stone Gap, Virginia

As a teenager, Jane Kestner, CPNP-PC, fell in love with medicine while volunteering for the Norton, Virginia, Rescue Squad. She became a pediatric nurse practitioner because she is passionate about helping her patients grow up to be healthy and happy.

Education: King University





Edgar

Jonesborough, Tennessee

T-cell acute lymphoblastic leukemia (ALL)

Edgar discovered LEGO® toys in kindergarten, when he was given a set as a prize. But it wasn't until he was in the hospital receiving chemotherapy that he became genuinely interested in them. Now, he especially enjoys building LEGO® airplanes and cars.

Since the day he was born, Edgar never got sick, beyond an occasional cold. Then, a few weeks before his sixth birthday, he developed a nasty cough. His mother, Leonor, took him to Niswonger Children's Hospital's emergency department. The nurse listened carefully as Leonor described Edgar's symptoms — heavy breathing, fatigue, high fever and lower back pain. She took them as a warning sign that something was wrong.

Edgar was diagnosed with T-cell acute lymphoblastic leukemia (ALL) and was immediately transferred to Memphis for treatment. When he was finally well enough to return home to Jonesborough, the family was relieved he could continue his chemotherapy close to home at St. Jude Tri-Cities Affiliate Clinic at Niswonger Children's Hospital.

“He's a very strong boy,” Leonor says. “He never complains about anything and is always smiling.”

Mahayla

Johnson City, Tennessee

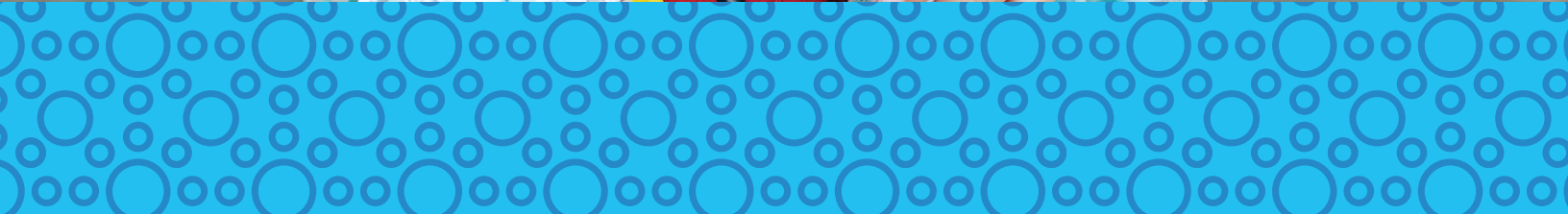
Neonatal abstinence syndrome (NAS)

Four-year-old Mahayla's world is full of songs and possibilities. She loves to pretend she is Elsa, the fictional queen from Disney's fantasy film Frozen, and "freeze" people with a wave of her hand. "She believes she really can freeze us because we immediately stop what we're doing and freeze," says her adoptive mother, Alicia.

But life hasn't always been games and laughter for Mahayla. She was born with neonatal abstinence syndrome (NAS), addicted to five substances. She received no prenatal care and after birth, spent 10 days in the neonatal intensive care unit before being released. That's the day Alicia learned about Mahayla and decided to give her a home.

Mahayla's journey has been difficult, with frequent trips to Niswonger Children's Hospital to treat NAS-related conditions including blockages from an elongated bowel and uncontrolled asthma. But she doesn't let it keep her down. Before long, she is up and singing and dancing again, freezing friends, family and hospital team members with a smile and a wave of her hand.







Niswonger Children's Network

Our mission is to improve the health and future of our region through investing in the highest-quality pediatric care

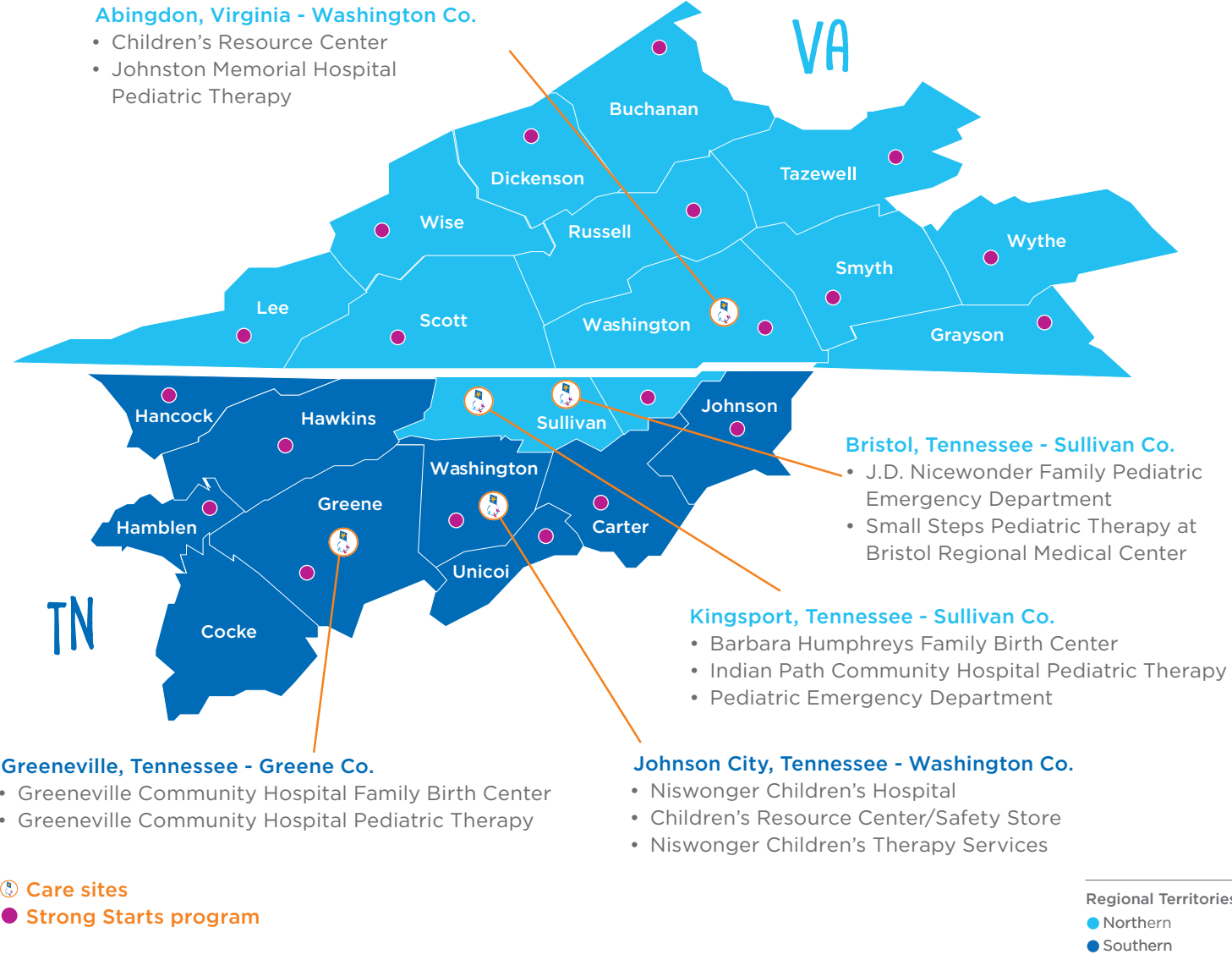
The Ballad Health Niswonger Children's Network was established to extend expert pediatric care and support outside the walls of the children's hospital. It is a regional system of care that marks the next phase in high standards of healthcare and well-being—and the start of brighter futures—for children across the Appalachian Highlands. The Niswonger Children's Network strives to give you confidence your child is receiving the absolute best in children's healthcare.

The Niswonger Children's Network name carries with it a promise of dedication to children and families that parents trust. As such, we ensure every setting that bears this name adheres to the standards that support best practices and patient safety. We want you to know that when you visit any location affiliated with the Niswonger Children's Network, your child is receiving the best possible pediatric care.

Affiliations include:

- 🏥 **Care sites** | Ballad Health pediatric inpatient and outpatient services
 - **Network affiliate** | the highest level of a care site; dedicated pediatric design and specified pediatric team members
 - **Programming** | initiatives focused on pediatric health and well-being
 - **Designated partners** | non-Ballad Health pediatric healthcare site
 - **Community partners** | pediatric-focused community organization
-

Niswonger Children's Network Regional Map



Network Affiliate Sites

- Pediatric Emergency Department
 - Bristol Regional Medical Center
 - Indian Path Community Hospital
- Family Birth Center;
 - Greeneville Community Hospital

Care Sites

- Pediatric Therapy Sites:
 - Bristol Regional Medical Center
 - Greeneville Community Hospital
 - Niswonger Children's Hospital
 - Indian Path Community Hospital
 - Johnston Memorial Hospital

Programming

- Strong Starts
- Strong Futures
- Care Navigation
- Children's Resource Center
 - Niswonger Children's Hospital
 - Johnston Memorial Hospital

New to the Niswonger Children's Network

In the spirit of unwavering commitment to the well-being of our youngest patients, we proudly welcome remarkable additions to the Niswonger Children's Network. The past year has been marked by multiple ribbon-cutting ceremonies, each representing a significant step towards enhancing the quality of care and support we provide to children and their families.

Pediatric Care

Indian Path Community Hospital Pediatric Emergency Department - September 2022

The grand opening of the Indian Path pediatric emergency department solidified our dedication to providing immediate and specialized care for our smallest patients in Kingsport.

Greenville Community Hospital Family Birth Center - June 2023

The Greenville Community Hospital Family Birth Center joined the Niswonger Children's Network with outstanding quality metrics provided to mothers and babies in Greene County.

Greenville Community Hospital Pediatric Emergency Care

The inauguration of pediatric emergency care at the Greenville Community Hospital Emergency Department ensures even more quality healthcare is accessible to children in Greene County.





Pediatric Therapy Services

Niswonger Children's Hospital Therapy Gym - October 2022

The Niswonger Children's Hospital Therapy Gym received a major financial commitment from Children's Miracle Network partner Panda Express in 2022. We were able to make updates to our space to create a better environment for hope and healing, thanks to Panda Express's philanthropy, Panda Cares.

Indian Path Community Hospital's Pediatric Therapy Gym - August 2023

The Indian Path Community Hospital Therapy Gym was welcomed into the Niswonger Children's Network in 2023, providing a dedicated space for therapeutic interventions tailored to the unique needs of our pediatric patients.

Greenville Pediatric Therapy Services - March 2023

Greenville Pediatric Therapy Services has brought specialized care closer to home for families in Greenville and surrounding areas.



New to Niswonger Childrens Hospital

Unveiling of the Eastman Garden - April 2022

Through the rejuvenation of our hospital garden, we have a tranquil space designed to offer solace and respite for patients, families and team members. We give gratitude to Eastman for providing their labor in revitalizing and donating this Garden.

Teen Room - April 2023

Thanks to donations made by Garland Farms hosting a local crawfish boil fundraiser, a space tailored to the unique needs of teenagers was unveiled, providing a welcoming environment for adolescents to receive care that understands and supports their specific health and emotional requirements.

Philanthropic Celebration Center - May 2023

We celebrated the unveiling of the Philanthropic Celebration Center in Niswonger Children's Hospital, a versatile venue designed to host events and activities that celebrate the strength and resilience of our pediatric community.

Other Additions to the Network:

Book Bus at East Tennessee State University - June 2023

We partnered with ETSU to launch the Book Bus, fostering a love for learning and literacy by bringing books directly to our young patients and community.

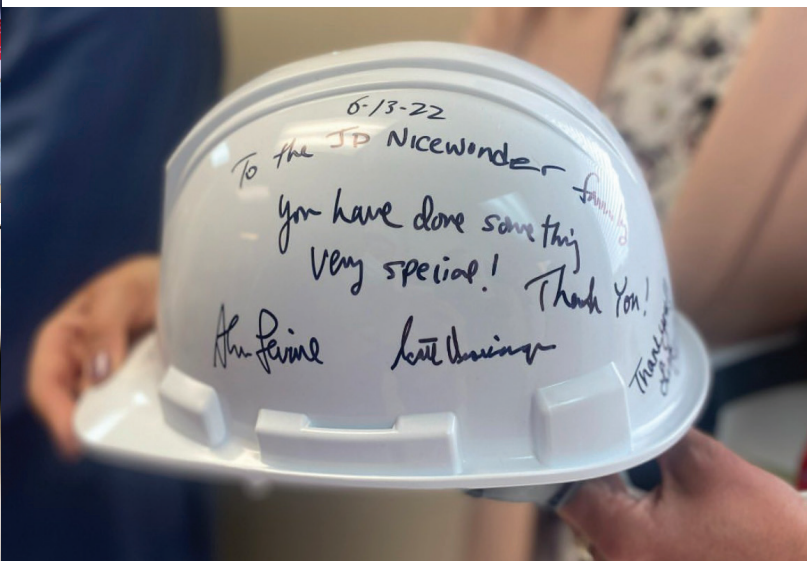
Inclusive Playground in Abingdon, Virginia - August 2023

Children's laughter filled the newly opened Abingdon playground, emphasizing the importance of physical activity and outdoor play for a child's growth and well-being. This inclusive space is designed to be wheelchair accessible and disability-inclusive, ensuring every child can join in the joy of play.

Storybook Trails - November 2023

The year concluded with the enchanting introduction of Storybook Trails in November, weaving the magic of literature into the hospital environment and nurturing the joy of storytelling.





Niswonger Children's Hospital Expansion Begins

Construction and expansion of Niswonger Children's Hospital is largely funded by the Hope Rising philanthropy campaign, which began with a pace-setting gift of \$7 million from the J.D. Nicewonder family. The Nicewonder family, from Bristol, Virginia, has provided the second-largest single investment into the children's hospital since its inception in 2009. With this expansion, we're adding new services and capacity, with a goal of improving health outcomes and well-being for children and families. Connected to Niswonger Children's Hospital in a medical office building, the J.D. Nicewonder Family Perinatal and Pediatric Institute will house the pediatric subspecialties and streamline care to high-quality medical care.

Pediatric subspecialties include:

Pediatric endocrinology, neurology, gastroenterology, pulmonology and rheumatology

Strong Starts

The early years in a child's life are crucial for their development, so our Strong Starts teams are committed to providing resources that will help set up new mothers, children and families for success. Each family has access to a community health navigator who will work with them on an individual basis to ensure they are connected with the necessary resources to experience pregnancy, delivery, infancy and childhood at the optimum level of health and well-being.

The Strong Starts program is **free** and connects families with resources based on their specific needs. The program's support begins with expectant mothers who are in need during pregnancy and follows the mother and child until the child's fifth birthday or until they begin kindergarten. Families can enroll in the program at any time. Strong Starts supports families residing in the 21-county Ballad Health and Niswonger Children's Hospital service area in Northeast Tennessee and Southwest Virginia.

Resources include, but are not limited to:

- Booking doctor's appointments
- Childcare
- Early intervention
- Food assistance
- Government assistance programs
- Housing insecurity
- Postpartum support
- Referrals to therapists and specialists
- Transportation



Initial visit

Pregnancy is established through a visit to a Ballad Health clinic or hospital, or non-Ballad Health clinic.



Prenatal



Screening

Client is screened by staff for specific pregnancy related needs. Free enrollment is offered.



Navigation

Enrolled client is assigned a community health navigator who will provide direct support to appropriate services and programs.



Labor and delivery



Kindergarten Readiness

Continuation of navigation services is available to caregivers of children from newborn to 5 years of age. The focus is on social and emotional kindergarten readiness.



Birth-5 years





Children's Resource Center

The Children's Resource Center aims to improve community health and well-being by investing in the health of children and their families through targeted outreach and support programs. We work with healthcare providers, schools and community agencies to engage children and families in healthy behaviors, help them navigate through complex health challenges and connect them to resources and support networks that can best meet their needs.

Health promotion

- Healthy eating
 - MyPlate and similar curriculum are used to teach children about proper nutrition.

Injury prevention

- Child passenger safety
 - Car seat distribution for families in need
 - Car seat checkpoints offered across the region
 - Ollie Otter seatbelt and booster seat education presentation
- Occupant protection programs
 - Tennessee Battle of the Belt - statewide seat belt competition for Tennessee high schools
- ATV/ROV safety
 - ATV/ROV education is being explored and created due to a rise in ATV-related injuries across our region
- Bike safety
 - Bike helmet distribution and bike helmet fitting events offered across the region
- Fire safety and burn prevention
 - Partnerships with local fire departments to provide education
- Firearm safety
 - Walmart Firearm Program - provides educational resources for individuals who purchase firearms
- Poisoning prevention
 - Lockbox distribution and childproof bags to ensure medications are locked away from children's reach and in a safe place
- Safe sleep
 - Cribs for Kids Gold Certified - distribute Pack-n-Plays and Sleep Sacks for families in need and offer education

Literacy initiatives

- ETSU Read N Play Book Bus partnership
 - Book Bus - partner of the Book Bus at ETSU Health Pediatrics, which travels around the region bringing education and literacy resources to families
- Reach Out and Read
 - Clinic literacy programs - partner with local pediatricians to provide books and literacy education at regular checkups

We believe healthy communities start with healthy children.



Community engagement

Our programs engage children and families while promoting health to empower them to make healthy lifestyle choices around physical activity, nutrition and safety.

Family engagement

The Children's Resource Center offers family playtime and parenting support classes in both Tennessee and Virginia.

Pediatric care navigation

We have team members dedicated to helping children with chronic and complex health conditions and their families manage the specialized care they receive.

Families who have children with chronic and complex health conditions require extra support. Our care navigation program informs, educates, supports and empowers families by advocating for the child's well-being.

The patient and family-centered care navigation team will work to ensure patient and families' specific needs are being met, so parents can be parents.

Our team will:

- Create and communicate comprehensive care plans with families and providers
- Connect families to needed resources
- Coordinate same-day subspecialty visits, if possible, to reduce barriers
- Be a familiar and friendly face during hospitalizations and assist with discharge planning
- Manage and track tests, referrals and outcomes
- Facilitate transitions of care

Niswonger Children's Hospital care navigation qualifications

- Under 18 years of age
- Have health problems involving more than one body system
- Have a severe single-system disorder, such as diabetes

OR

- See at least two of the pediatric subspecialists at Niswonger Children's Hospital or East Tennessee State University
- Patient must be a resident of one of the 29 counties served by Ballad Health and the Niswonger Children's Network

Music therapy

The St. Jude Tri-Cities Affiliate clinic at Niswonger Children's Hospital is proud to provide music therapy to children who are being treated for cancer and blood disorders.

Patients who come into the clinic typically spend a lot of time waiting on chemotherapy or lab results. During these long waits at the clinic, children can participate in physical and occupational therapy, and as of January 2023, music therapy. With music therapy, a licensed professional uses music as a treatment method to help patients reduce stress, improve their mood or express themselves.

At the St. Jude Tri-Cities Affiliate Clinic, music therapy benefits patients by providing a fun and engaging way to manage stress, anxiety and pain related to chemotherapy and procedures. It also provides a creative physical and emotional outlet by promoting positive ways to cope with a patient's current situation.

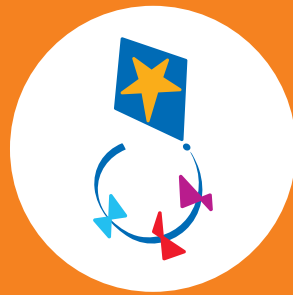
Our patients love spending time with board-certified music therapist Florencia Rusiñol. Flori, as our patients call her, shares her love of music in one-on-one sessions with patients during their clinic visits. Flori helps patients work to improve positive coping skills by playing or simply listening to music. Together, Flori and her patients learn and play instruments, write songs or sing and dance to the patient's favorite songs. While many patient parents report vast improvements in their child's musical abilities, they also report an increase in self-esteem, more positivity toward treatment and more receptivity to medical procedures.

One of the clinic's patients, a 13-year-old with leukemia, has learned to play the guitar and begun writing songs that could be radio hits one day. Music therapy also changed the life of another patient, a 6-year-old diagnosed with autism and leukemia who dreaded her port access procedure, crying and fighting through every visit. During one of the patient's appointments, Flori began singing through the procedure with her, and now the patient's port access is quicker, less painful and calmer than before.

A grant awarded by the Tennessee Comprehensive Cancer Control Program initially funded the music therapy program at the St. Jude Tri-Cities Affiliate Clinic, but funding for the program has been extended due to the generosity of local donors who want to bring the joy of music to these pediatric cancer patients. Both the staff and the patients are eternally grateful to them and are excited about the future of music therapy at Niswonger Children's Hospital.







We believe that seeing a kite lift from the ground and flutter in the breeze is a sign of hope and healing. The children and teens we serve at Niswonger Children's Hospital are the future of this region. We work every day to be the place that makes kites fly, to help and heal the young people of this region - and, ultimately, to make hope rise.

-Scott Niswonger

Chief benefactor of Niswonger Children's Hospital



Strong Futures

At Strong Futures, we're bringing a life-changing, healing approach to substance use disorder and mental healthcare for families. Our highly skilled Strong Futures team provides a broad array of multi-generational outpatient services and resources for families in the Northeast Tennessee region.

Our staff is driven to foster lifelong independent living for current and future generations of families in the Appalachian Highlands.

Our services and resources include:

- Collaborative practitioner partnerships
- Community engagement and enrichment activities
- Educational opportunities
- Family and relationship counseling
- Financial stability counseling
- Health and well-being counseling
- Independent Living Center for expectant mothers or mothers with children 9 or younger
- Individual and group counseling
- Intensive case management
- Judicial advocacy
- Literacy improvement
- Now accepting commercial insurance and cash pay
- Nurse practitioner on site
- Parenting skill education
- Referral services
- Relapse prevention services
- Two-generational, family-centered treatment
- Workforce development services

Patient eligibility

To see eligibility, please visit:

www.balladhealth.org/locations/behavioral-health/strong-futures-greeneville

Blake

Strong Futures

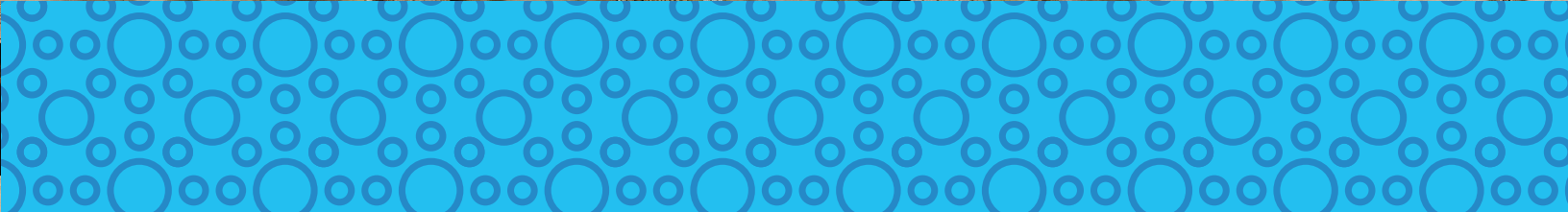
Three years ago, Blake made the hardest decision of her life: She surrendered her two girls to a family member so she could seek treatment for substance use disorder.

A year into her recovery journey, she entered the Ballad Health Strong Futures residential facility for moms and their children. Four months later, she regained custody of her two children, Dallas, now 8, and Piper, now 7.

Today, their lives couldn't be more different. Blake spends every day with her daughters in their own home singing, dancing, watching movies or swimming. The artistic Dallas has an emerging eye for fashion, while social butterfly Piper enjoys spending every second outside with her friends.

Blake credits the Strong Futures program and her faith in God for bringing her family together. She's currently working to earn her certification as a community health navigator to help other people like her.

"I want to spend the rest of my life empowering people to get better," Blake says. "I want to make a difference, even if it's for one, single person."







Family Birth Center

Johnson City Medical Center and Niswonger Children's Hospital

The Family Birth Center at Johnson City Medical Center and Niswonger Children's Hospital earned a remarkable achievement as the first organization in Tennessee to earn The Joint Commission's Gold Seal for Advanced Perinatal Care Certification, highlighting a dedication to exceptional perinatal care that will benefit families in the region for generations to come.

The certification, established by The Joint Commission in collaboration with the American College of Obstetricians & Gynecologists, provides an important framework for healthcare organizations to establish and adhere to a high standard of perinatal care. Johnson City Medical Center and Niswonger Children's Hospital earned the certification following strategic changes that have contributed to an ever-improving ecosystem of comprehensive pediatric care, highlighting the Niswonger Children's Network's commitment to excellence.

"This accomplishment speaks to everything the Niswonger Children's Hospital stands for—to provide top-of-the-line care, innovation and expertise to every family we serve," said Chris Jett, CEO of the Niswonger Children's Network, which includes the children's hospital. "It's exciting to see the Niswonger Children's Hospital at the front of the line for the entire state, and this recognition sets the stage for a very exciting future of perinatal healthcare in the Appalachian Highlands.

"This certification proves that our children's hospital has achieved a seamless connection of high-quality care, from the delivery room to the Level III NICU, and we're proud to take this honor and use it to continue improving healthcare for everyone in our community."

"What this standard does is ensure we are caring for the whole patient throughout the entire pregnancy," said Holly Rinehart, chief nursing officer for the Niswonger Children's Network. "Pregnancy is more than labor and delivery. Patients deserve that encompassing, compassionate care from their first prenatal appointment onward, including any support that they need postpartum. Our goal is to continue working to ensure that parent and baby receive the high standard of care they deserve through the entire process."



2023

Niswonger Children's Hospital

By the numbers

As the sole children's hospital in the region, Niswonger Children's Hospital is passionate about the health of the pediatric population in our community. We are proud to offer unrivaled healthcare services to our children and teens close to home.

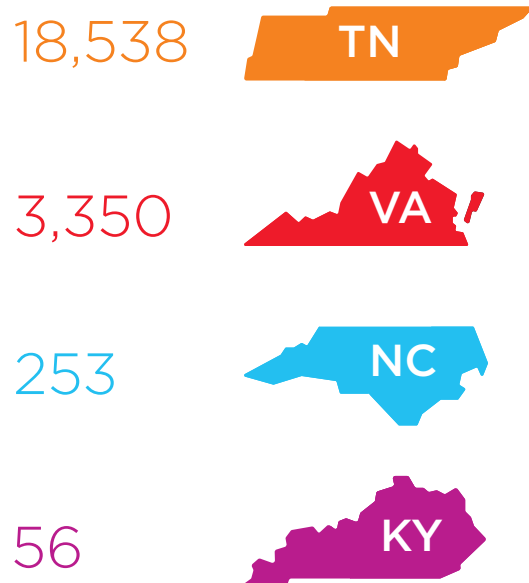
It is our goal that each patient is treated on an individual basis, based on their unique needs. We are here to help them tell their story.

Pediatric patients by age group



- 29.75% Infants
- 27.89% Little Kids
- 18.63% Big Kids
- 12.22% Tweens
- 11.52% Teens

Pediatric patients by state



20,364
Emergency Patients



30,073
Outpatient Visits



3,690
Inpatient Care Admissions



21,134
Total Inpatient Days



2,323
Pediatric Surgeries



880
NICU Patients



447
PICU Patients



4,446
Pediatric Oncology
Outpatient Treatments



6,250
Orthopedic Clinic Visits



422
Pediatric Orthopedic Surgeries



2,544
St. Jude Outpatient Visits

29 Counties served

Niswonger Children's Hospital offers more than 20 specialty services provided by pediatric-trained physicians and nurses. We serve the 29-county region in our state-of-the-art facility specifically created for the care and healing of children.

16,750 Tennessee



Pediatric Patients by County

Inpatient/Outpatient

Carter	234/2,251
Greene	269/2,101
Hawkins	144/835
Johnson	62/234
Sullivan	533/3,745
Unicoi	57/534
Washington	565/6,536
Other areas	56/382

2,843 Virginia



Pediatric Patients by County

Inpatient/Outpatient

Bristol	61/176
Buchanan	40/54
Dickenson	43/70
Lee	56/193
Norton	11/38
Russell	107/296
Scott	75/297
Smyth	95/244
Tazewell	47/100
Washington	184/536
Wise	151/389
Wythe	14/13
Other areas	18/42

150 North Carolina



Pediatric Patients by County

Inpatient/Outpatient

Ashe	3/2
Avery	15/36
Buncombe	0/10
Mitchell	10/24
Yancey	8/58
Other areas	18/69

45 Kentucky



Pediatric Patients by County

Inpatient/Outpatient

Harlan	15/16
Letcher	4/3
Pike	2/3
Other areas	2/11

Through Children's Miracle Network and Ballad Health Foundation campaigns and events, the people of the Appalachian Highlands region helped raise more than

\$5,228,000

3,531 Donors during fiscal year 2023.

999 Ballad Health team members supported Niswonger Children's Network.

154 Heroes of Hope members who contribute \$1,000 or more a year to Niswonger Children's Network.

Funds were used for the following programs:



Niswonger Children's Hospital fourth and fifth floor expansion



Teen Room- funded by the Garland Farms Crawfish Boil fundraiser



Scales for the NICU



Therapy services- in Johnson City and Greeneville



Child Life Program



Children's Resource Center



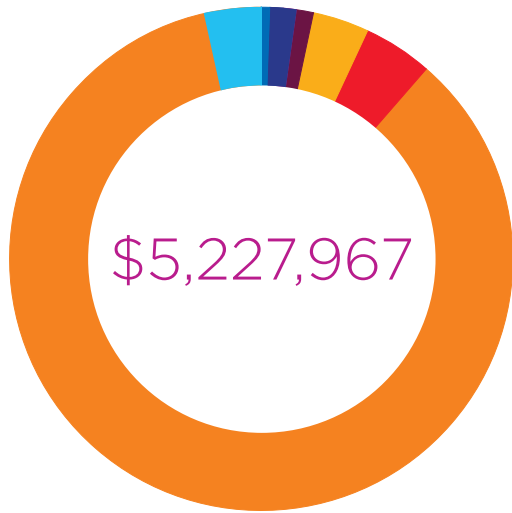
Pediatric oncology patient assistance



Fetal heart monitors

Funds by source

Fundraising programs by dollar amount



\$2,237,703 Major gifts and Planned gifts combined

\$1,462,682 Radiothon

\$459,531 Children's Miracle Network Campaigns

\$447,687 Annual Fund

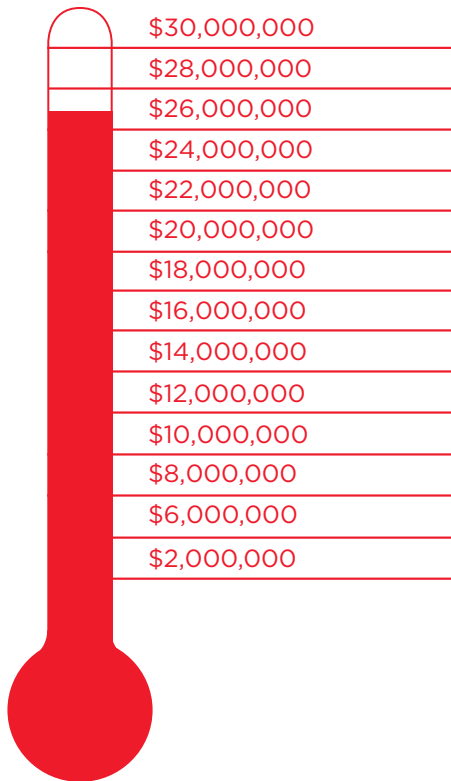

\$153,848 Champion Chevrolet Raffle

\$350,659 Night of Hope and Miracles, Children's Miracle Network Play Yellow Golf Tournament, and other community events

\$115,857 Team Member Giving Campaign

Hope Rising Campaign

As of 6/30/2023

Niswonger Children's Hospital is proof of what a community can do when they come together around a common cause.





Children's Miracle Network

Children's Miracle Network Hospitals (CMN) was founded more than 40 years ago with the vision to change the future. CMN partners have raised more than \$8.5 billion for 170 children's hospitals. Niswonger Children's Hospital received \$459,531 in 2023 by empowering and engaging with local communities and businesses. As a CMN affiliate partner, local donations fund what Niswonger Children's Hospital needs most, like critical life-saving treatments and healthcare services, innovative research, vital pediatric medical equipment, child life services that put kids' and families' minds at ease during difficult hospital stays, and financial assistance for families who could not otherwise afford these health services.

CMN joins hands with prominent national partners such as Panda Express, Walmart, Sam's Club, ACE Hardware, JOANNs and REMAX, among others. One standout initiative from CMN is Miracle Treat Day, a delightful collaboration with Dairy Queen. During this event, a generous donation is made for every purchase of a Blizzard, with the proceeds dedicated to supporting the Niswonger Children's Network. Adding a touch of joy and sparkle, Kendra Scott's philanthropic program, Kendra Cares, introduced their Color Bar to Niswonger Children's Hospital. This unique program allowed patients and nurses to craft their personalized jewelry piece at no cost. The event featured imaginative stations where children could envision their dream jewelry and a design station to choose their preferred metal and stone for earrings, bracelets or necklaces. This creative activity brought joy to kids of all ages, providing heartwarming moments as boys crafted special pieces for their mothers.

Every year, 170 local Children's Miracle Network Hospitals identify a "Champion Child" in each of their local communities to serve as the face for children treated at their local children's hospital. These ambassadors spend their year advocating for the charitable need of children's hospitals across North America.

The Niswonger Children's Hospital Champion Child for 2023 was Jaxon Bailey! When Jaxon was 4 years old, his family was praying for a miracle. He had been diagnosed with double pneumonia and was being treated at Niswonger Children's Hospital. But the medications weren't alleviating the fluid in his lungs. If he didn't improve by the next morning, doctors would have to insert a chest tube to drain the fluid. Jaxon's family called on their church and soon their pastors were there praying over Jaxon's hospital bed. The following day, doctors were stunned that the fluid had miraculously disappeared. Jaxon was finally on the mend. "We were hopeful he was going to get better because he was right where he needed to be - at Niswonger Children's Hospital," his mother says. "We just never gave up."



Community events

We rely on the generosity of our community to help provide specialty services for the children of our region. Throughout the year, Ballad Health Foundation, in conjunction with Children's Miracle Network Hospitals, hosts a number of fundraising events to help support Niswonger Children's Hospital.



Radiothon



Children's Miracle Network Play Yellow Golf Tournament



Community Donations



CMN Round Up Campaign

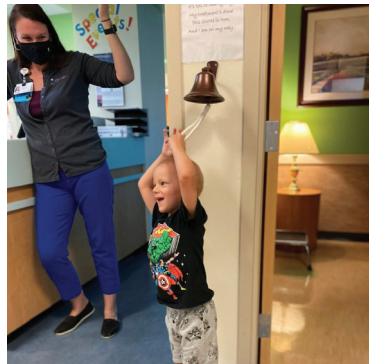


Scarecrow Skedaddle



Hospital events

From bedside visits to community events, we strive to engage and care for our patients, their families and our community.







Niswonger Children's Hospital is Northeast Tennessee and Southwest Virginia's only children's hospital. This 86-bed, not-for-profit facility offers a full array of emergency, primary and specialty services. Niswonger Children's Hospital provides care, diagnostics and intervention to pediatric patients including, but not limited to, the following:

- Allergy and immunology
- Cardiology
- Child and adolescent psychology
- Children's Resource Center
- Critical care
- Dental surgery
- Ear, Nose & Throat
- Emergency medicine
- Endocrinology
- Gastroenterology
- General medicine for children and adolescents
- Gynecology for adolescents
- Hematology
- Hospitalists
- Infectious disease
- Neonatology
- Neurology
- Oncology
- Ophthalmology
- Orthopedics
- Perinatology
- Pharmacology
- Pulmonology
- Radiology
- Surgery
- Therapy services



St. Jude Tri-Cities Affiliate Clinic

The St. Jude Tri-Cities Affiliate Clinic at Niswonger Children's Hospital is a partnership between the St. Jude Children's Research Hospital, East Tennessee State University Hospital, and Niswonger Children's Hospital. It is an outpatient clinic staffed by three pediatric hematology/oncology physicians, a nurse practitioner and many other clinic support team members. The St. Jude Tri-Cities Affiliate Clinic offers children and young adults the highest quality of care with compassion and dedication. We receive more than 3,000 outpatient visits annually.





For more information, please call
423.431.6111, or visit balladhealth.org/children

400 N. State of Franklin Road
Johnson City, TN 37604

